Regulation

Regulation at the level of the cellular

Compartmentalization: some enzymatic reactions are separated in different compartments; characteristic of eukaryotes; transporters which control the entry to the compartment regulate indirectly the enzymes there

Benefits:

- 1. it ensures different milieu
- 2. the enzyme do not need to share the substrate in the cytosol
- 3. individual enzyme regulatory options
- 4. membrane associated processes (terminal oxidation, citP450)
- 5. cascading system: eg. formation of proteins: nucleus transcription

RER – translation

Golgi - amendment

Regulation at the level of the cellular

Multi enzyme systems: considered as *a* compartment (*compartmentalization*)

- intermediates are transported directly from active site of an enzyme to the next, resulting in increased efficiency and less possibility of error
- high local concentration can be achieved with a substantially lower relative cell concentration
- thereby coordinated regulation of more enzymes can be achieved
- examples: fatty acid synthase complex, pyruvate dehydrogenase

Regulation at the level of the tissue

- there is a permanent material, information, energy flow between the cell and the distal tissue (and with the cell itself also): integrated neuroendocrine regulation
- the cell picks up, integrates and summarizes the information by its receptors

it regulates its own operation and works unit with the organism

Regulation at the level of the tissue

Forms:

1. on intracellular receptors:

- long-term effects (days): possibility for accommodation
- steroid hormones, T3/T4
- hormone-responsive elements in nuclear DNA
- 2. on cell membrane receptors:
- short-term effects, instantaneous regulation
- receptor: seven-transmembrane proteins (metabotropic) one transmembrane proteins - Tyr kinase
- signaltransduction: G proteins

 PIP_2 system ras proteins Tyr kinases

Requirements:

- opened system
- organised low entropy level
- conservative
- adaptation is provided for long term at the level of individuals as well

Levels of regulation:

- nuclear
- chemical:
 - enzymatic: K_M-type (phophorylation) and V_{max}-type (new enzyme synthesis)
 - substrate level first order reaction
 - non-enzymatic pathological (glycation, free radical formation)

Biochemical regulation: signs of organisation:

- consecutive: $A \longrightarrow B \longrightarrow C \longrightarrow D$
- divergency (anabolism):

$$A < \frac{B}{C}$$

• convergency (catabolism):

$$A \rightarrow C$$



Adaptation during starvation:

- afferent events: stomach wall streching, gastrointestinal hormones, low blood glucose level
- center: hypotalamus
- efferent events:
 - hypotalamo-hypophyseal system:
 - ACTH-adrenal cortex: glucocorticoids TSH: T_3/T_4
 - pancreas: glucagon: (blood glucose)
 - insulin (blood glucose, acetyl-choline)
 - adrenal medulla: adrenaline, noradrenaline

- tissue metabolism during starvation:
- LIVER: until 24 h glycogen in the liver + gluconeogenesis + formation of ketone bodies
 - glycogenolysis: glycogen phosphorylase
 - gluconeogenesis: phosphofructokinase II
 - inhibited glycolysis: phosphofructokinase II
 - fatty acid oxidation (free fatty acids from adipose tissue)
 - formation of ketone bodies from acetyl-CoA precursor comes from fatty acid oxidation
- ADIPOCYTE: degradation of triacylglycerols: hormon sensitive lipase
- MUSCLE: glycogenolysis: phosphorylase
 - glycolysis: usage of glucose-6-phosphate
 - protein degradation: Ala-cycle supply glucoplastic AA for the liver
- energy supply during starvation:

BRAIN: glucose, ketone bodies (fatty acids cannot pass the blood-brain-barrier) HEART MUSCLE: fatty acid oxidation , ketone bodies , glucose SKELETAL MUSCLE: glycogenolysis, protein degradation

Adaptation at enhanced food intake:

- regulation: insulin
 - LIVER: active glycogenesis inhibited gluconeogenesis active glycolysis active fatty acid synthesis inhibited ketone body formation active synthetic pathways cholesterol synthesis biotransformation ADIPOCYTE: synthesis of triacylglycerols MUSCLE: active glycogenesis active glycolysis
 - synthesis of proteins

Adaptation at stress situation:

- Canon-type fight or fly stress reaction + theory of Selye János
- regulation
 - adrenaline from adrenal medulla, noradrenaline from CNS gluconeogenesis + glycogenolysis heart: positive crono-, dromo-, batmo-, inotrop - tachycardia dilatation of bronchus – tachypnoe
 - inhibited gastrointestinal tract
 - dilatation of pupillae
 - enhanced blood supply of muscle, but more vazospazm later
 - hypotalamo-hypophyseal system : ACTH-adrenal cortexglucocorticoids
 - enhanced effect of adrenaline, noradrenaline
 - gluconeogenesis
 - enzyme induction
 - decreased inflammatory processes

Adaptation during physical activity:

SKELETAL MUSCLE:

- red muscle (oxidative fibres): good blood supply (vessels β_2 receptors), high level of mioglobin, glycogenolysis – aerob pathway
- white fibres (glycolytic fibers): glycolysis anaerob pathway

types of muscle fibers



Adaptation during pregnancy:

1. trimester:

corpus luteum gestationis: progesterone: support of uterus mucosa

development of breast milk

ducts

estrogene

low level of FSH: no formation of new follicles

LH increases: for milk production (lactation): breast milk ducts formation

2. trimester:

formation of placenta: atrophy of corpus luteum production of estrogens and progesterone

+ Human Placentar Lactogene: GH effect (diabetes during pregnancy)

3. trimester:

low level of progesterone at delivery prostaglandins-induction of delivery (uterus contractions) oxitocine: uterus contractions

Adaptation during lactation:

High level of LH: inhibited follicle maturation

breast milk production: lactose synthase: synthesis of α lactalbumine, glucose is the substrate of lactose synthase (lack of α -lactalbumine: substrate is the N-acetil glucoseamine- glucoprotein synthesis)



Oxitocine: ejection of milk from milk ducts during nursing/feeding

Limits of adaptation:

adaptation depends on the amplitude and frequency of alteration rate and power of adaptation is important set to the setpoint (minimalisation of overreactions)

very slow alterations moves the evoluation due to the selection decreased adaptation ability:

infancy:	lack of blood-brain-barrier
	immatured conjugation capacity of the liver not fully
	expressed enzymes
senior:	higher fluctuation around the setpoint
	parasympatic tone sensitvity increased
	organ capacity decreased (liver, heart)
	accumulation of toxic metabolic intermediers
	water/fat ration decreased
	blood supply decreased

Supraindividual regulation:

Above individuals – in commune

for ex.: communication among state forming ants

Very severe change in environment (hit of meteor) in this case the most developed creatures could not survive , while the lessdeveloped can

in case of nuclear disaster arthropods are in better situation than mammals

Supraindividual regulation:

Biochemical interpretation of health and disease:

health:

- enzymes of the organism work in perfect coordination
- regulation is coordinated in balance
- organism protects aganist high entropy
- adaptation according to endogen and exogen changes disease:
- adaptation problem of the inbalaned organism
- death: exergon, increase of entropy give up of endergon processes this a process, not one time point